

Session 1

Health in European regions

Euregion Meuse-Rhine (EMR) „EuPrevent“

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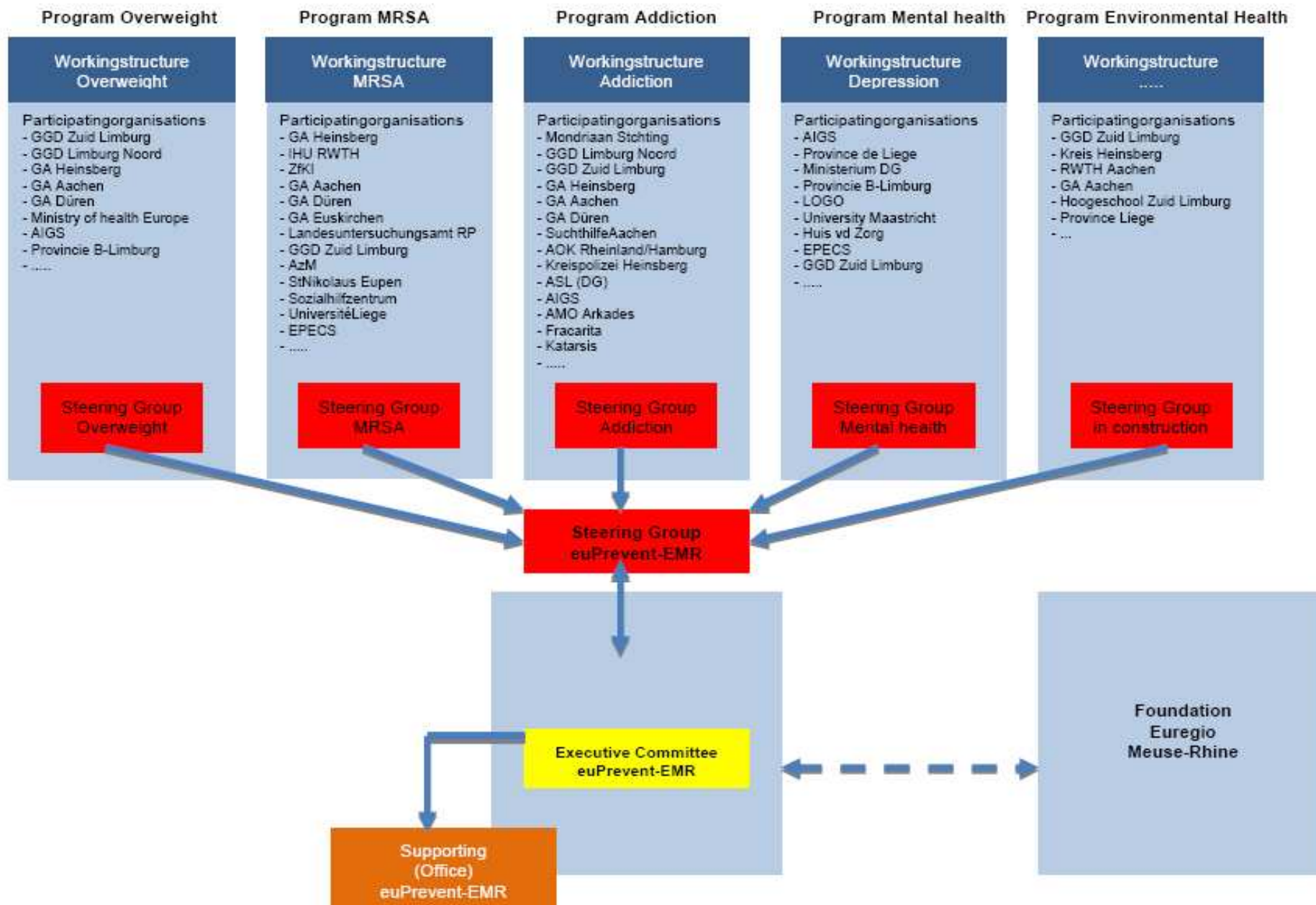
Euregion Meuse- Rhine



Targets „EuPrevent“

- **Promotion of projects in prevention**
- **An operational system in EMR for projects in relation to primary prevention**
- **Health for children and young people**
- **Mental health**
- **Environmental Health**
- **Infectious diseases**

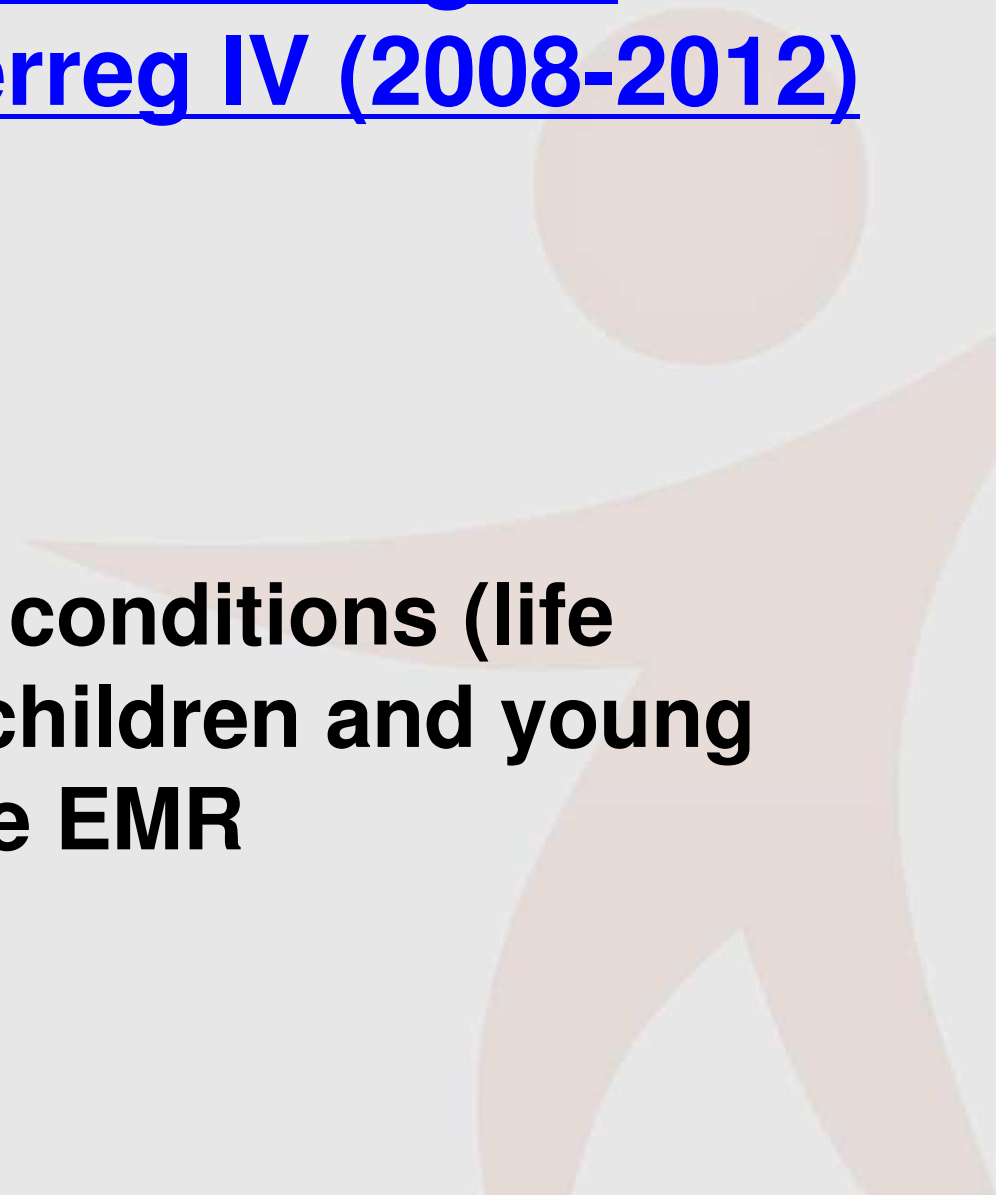
Structure euPrevent-EMR



Program „overweight“
funded by Interreg IV (2008-2012)

Aims:

Improve life conditions (life quality) for children and young people in the EMR



Activities in Program „overweight“

- **nutrition in schools**
- **more sports in schools, kindergarten and leisure time**
- **network of healthy schools and kindergarten**
- **common programs for cooking**
- **common programs for moving**
- **campaign: count your steps (to reach the moon)**



euPrevent
MRSA

(EurSafetyHealth-net EMR)

www.mrsa.euprevent.eu

**A project to make better conditions of life
in the EMR for more patient safety and
infection control.**

Interreg IV 2008-2012

Main targets I

- **Building a network of quality in the 5 parts of EMR (EurQ Health)**
- **Building networks in all counties of EMR**
- **Teaching and learning for the health workers, doctors, nurses and other groups to make better quality in infection management**
- **Building a web based platform for people in EMR concerning questions of MRSA and other antibiotic resistances**
- **Making actions for and in the EMR for better hygienic conditions in hospitals, nursing homes and ambulances**

Main targets II

euPrevent

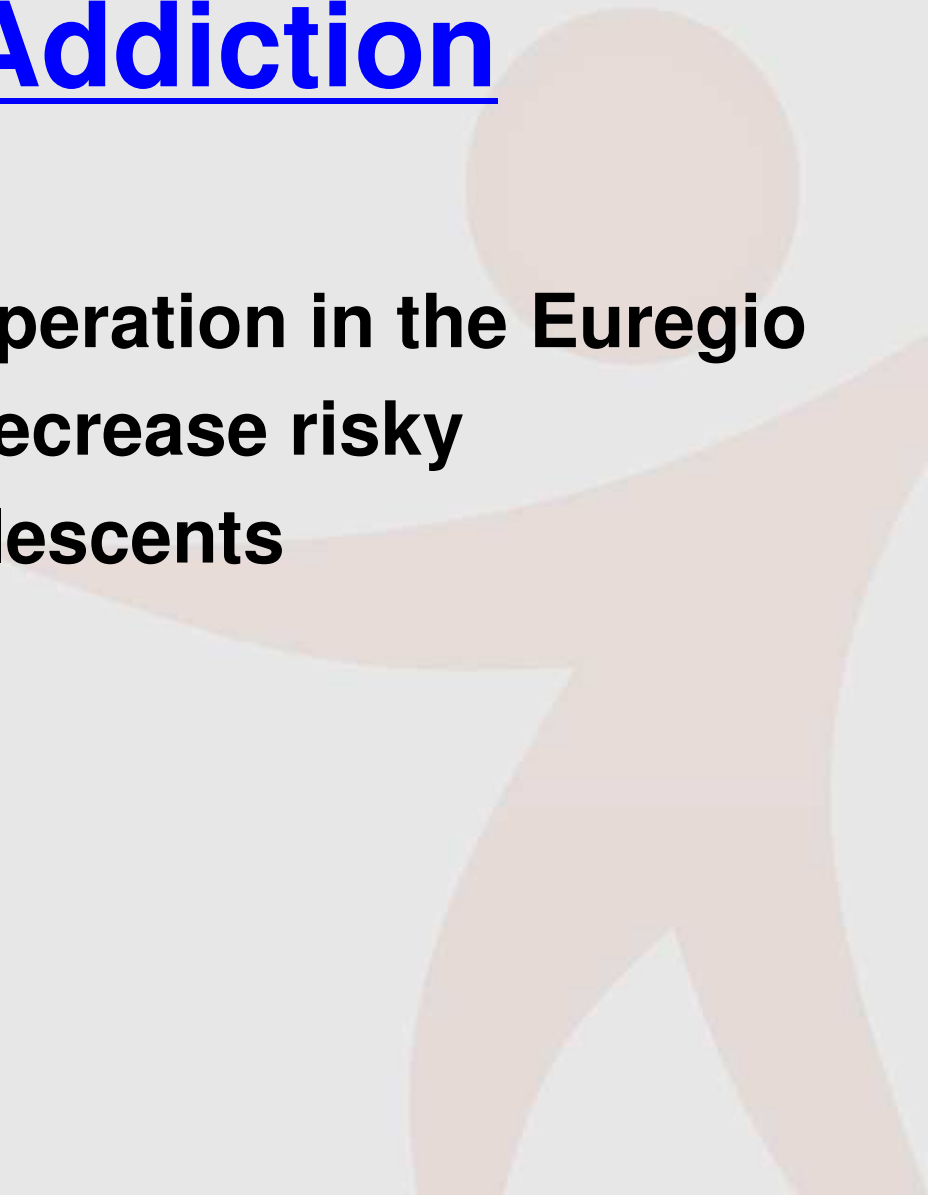
According a certification of excellent hospitals in the EMR

- **Taking part in the network of EMR**
- **Surveillance of nosokomial infections**
- **Teaching and learning for the health workers**
- **Screening of patients**
- **Defining risk persons**
- **Surveillance of special MRSA-Types**
- **Looking for guidelines in the EMR**
- **Fulfilling the legislative orders**
- **Information to the outpatient-system**
- **Screening-system in the hospital**



Program Addiction

**Cross-border cooperation in the Euregio
Meuse-Rhine to decrease risky
behaviour by adolescents**



Aims

- **Cross-border cooperation on prevention level**
- **Improve level of prevention in Euregio Meuse-Rhine**

Youth Survey

- **Monitoring prevalence of risky behaviour (made 2006)**
- **Target group: all 14- and 16 year-old-pupils of secondary schools (46,000 adolescents)**
- **Subjects in inquiry form: School results, healthiness, use of medicines drugs and alcohol, smoking habits, leisure activities, exercise, sport, safe sex, eating habits, oral hygiene.**

Results Youth Survey

	Percentage of adolescents		
	Netherlands	Germany	Belgium
Bad healthy feelings	7,1	3,1	6,7
Smoking	24,1	36,1	33,7
20 or more glasses of alcohol in one week	10,5	13,8	9,6
Drunken in the last 4 weeks	22,9	27,7	21,3
Cannabis last 4 weeks	11,9	17,5	13,3
Partydrugs last 4 weeks	1,9	2,9	3,3
Other harddrugs last 4 weeks	1,3	2,0	3,3
Play truant last 4 weeks	11,4	16,3	10,4
Badgering last week	6,6	16,4	9,7
Having unsafe sex	6,3	9,2	13,7
No sport	15,6	11,9	12,8

Conversion and implementation

- **Cross border workgroup “Prevention”**
- **Euregional “Month of Prevention” (since may 2005 every year)**
- **Training professionals**

Program „Mental health“

- to improve cross-border cooperation of hospitals in psychiatric diseases
- to develop prevention visits in households in the EMR for elderly
- to develop screenings for children to recognise risk factors for a good mental health



Declaration of intent governors and press-activities





Stop-smoking discotheque





Sporting activities and integrated health education







Program environmental health

Aims:

To improve life quality of citizens in EMR

- **Priority 2020 EMR: “Protection of climate”**
- **i. e. Monitoring of youth**
- **Improving personal conditions by recognising behaviour risks**
- **.....**

Future aspects for EuPrevent:

- **Combine political aims with necessary steps in prevention**
- **Participation of the “patients” must be regularly (i. e. EPECS)**
- **Build a prevention structure in other cross border regions**

Thank you

for your

attention !

